

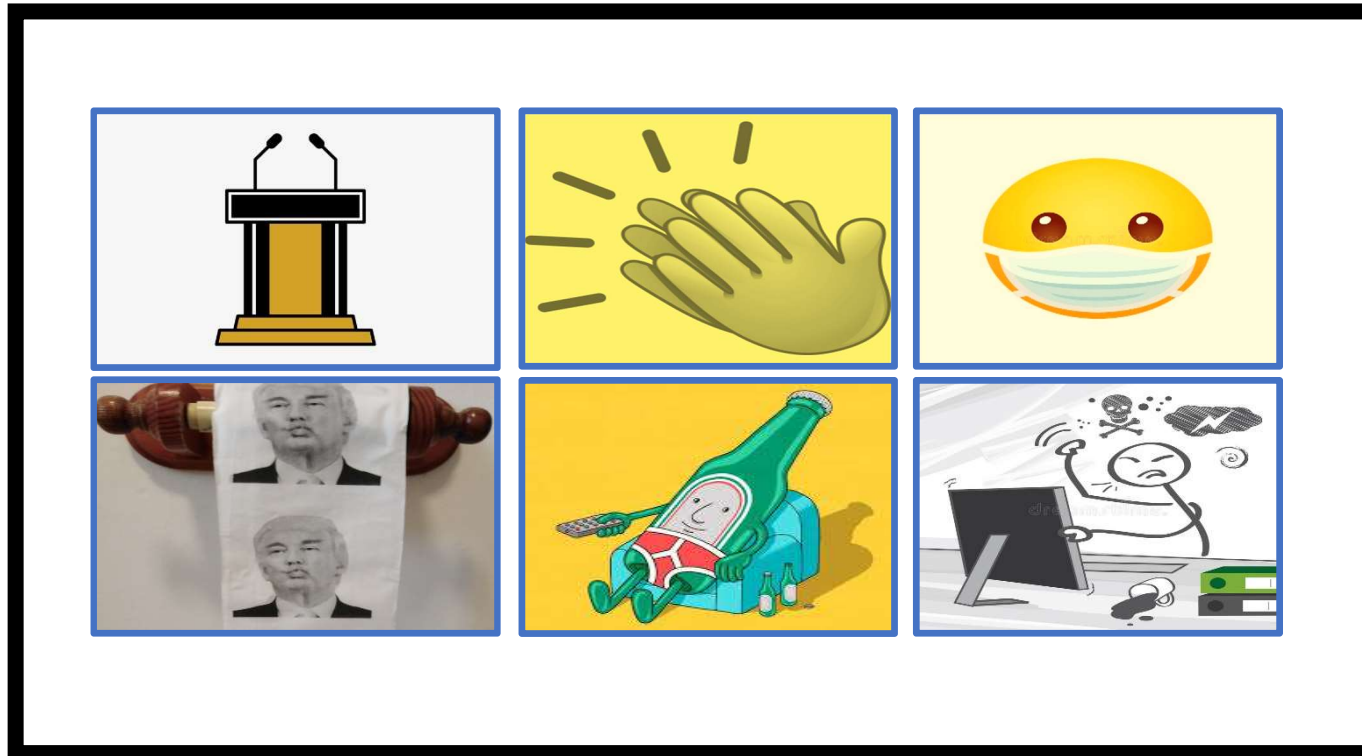
# OUR LOCKDOWN EXPERIENCE

## 'Virtually' the People's Conference 2020

**CAPS**  
independent  
advocacy

A FREE event for people with their own experience of mental health issues

Come and discuss how the COVID-19 lockdown has affected you.



Hear from  
Graham Morgan  
(Mental  
Welfare  
Commission  
Scotland)

Take part in  
different  
workshops

Share  
creative  
inputs

**FRIDAY 31st  
JULY 2020**

**1.15PM-4.45PM**

**On ZOOM**

For more information and/or  
to register your place

contact Ele on 07948 740 158

[ele@capsadvocacy.org](mailto:ele@capsadvocacy.org)